

Feeding a Supplemental Vitamin D₃ Improves Pork Longissimus Muscle Quality

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Abstract

Duroc-cross pigs ($n = 25$) were assigned to one of two experimental finishing diets containing 0 (CON), 40,000 (40), or 80,000 (80) IU supplemental vitamin D₃/kg of feed to test the effects of vitamin D₃ on pork quality traits. Experimental diets were fed for 44 or 51 days prior to slaughter and data on carcass were collected in the experimental design. While the concentration of vitamin D₃ did not affect average daily gain (ADG; $P = 0.08$), a trend did exist for those receiving the highest concentration of vitamin D₃ supplementation to have a lower ADG (0.77 kg/day) compared to pigs fed either the 40 (0.88 kg/day) or 80 (0.92 kg/day) diets. Diet did not affect (P > 0.10) fat thickness measured along the midline, 10th rib fat, longissimus (LI) cross-sectional area, or muscle score, but the pigs fed the 80 diet had lower (P < 0.003) hot carcass weights compared to pigs fed either CON or 40 diets. Longissimus pH in the loin meat effect was higher (P < 0.05) for pigs on the 80 diet than on the CON diet. Longissimus muscle from pigs fed either the 40 or 80 diet had lower (P < 0.05) L* values (white) compared to those fed the CON diet. Trends existed (P = 0.10) for a* values to be higher for muscles taken from pigs fed the 80 diet compared to those fed the CON diet. Objective LI color scores were higher (P < 0.01) and firmness/tenderness scores lower (P < 0.05) for pigs on the 80 diet as compared to those on the 40 or CON diets. Diet had no effect on Warner-Brazner shear force evaluation, percent cook loss or trained sensory panel evaluation for tenderness, juiciness and flavor. These data indicate that feeding supranutritional levels of vitamin D₃ for at least 44 days improves pork color and pH, but may retard growth if fed at 80,000 IU/kg of feed.

Introduction

Pork color, pH, and water holding capacity are all essential pork quality traits. It is estimated that pale soft and exudative (PSE) pork costs the pork industry 30 million dollars per year. Factors influencing pork quality such as pH, environment, handling and processing techniques all impact physiological processes which govern the determination of ultimate pork quality. Physiological factors such as diet, endocrine and glycolytic potential are known to be closely related to vital pork quality traits such as color and water holding capacity (Huff-Lorenzer et al., 2002). Muscle fiber types have also been correlated with similar pork quality traits (Kerth et al., 2010). Recently, researchers have uncovered a metabolic pathway which plays a vital role in muscle fiber type expression. The calcineurin pathway, when up-regulated by high concentrations of cellular calcium over long periods of time, has been shown to increase the expression of genes linked to slow-twitch oxidative muscle fibers (Chin et al., 1998). The purpose of this study was to feed high concentrations of vitamin D₃ over a period of six weeks to increase cellular calcium and attempt to promote slow-twitch oxidative muscle fiber expression. By increasing the population of slow-twitch muscle fiber type, longissimus muscle should become more oxidative in nature. By increasing oxidative metabolism and decreasing glycolytic metabolism the rate and extent of pH decline should be less thus improving pork color and water holding ability. The objective of this study was to test the effects of feeding pigs diets containing 0 (CON), 40,000 (40), or 80,000 (80) IU supplemental vitamin D₃/kg of feed to test the effects of vitamin D₃ on pork color, pH, water holding ability and muscle fiber type.

Materials and Methods

Twenty-five Duroc x Yorkshire, crossbred pigs were sorted by sex and sex then randomly assigned to one of three experimental treatment groups. Experimental diets were formulated corn-soybean meal formulated to meet or exceed NRC recommendations. Additional vitamin D₃ was added to supply 0 (CON), 40,000 (40), or 80,000 (80) IU/kg of supplemental vitamin D₃ and fed either 44 or 51 days prior to slaughter. Time on test was blocked in the experimental design. Pigs were weighed weekly to calculate ADG. Blood was drawn from four pigs per pen at the onset of the experiment and every other week until the time of slaughter at which point blood samples were collected from all pigs on the slaughter floor. All blood samples were collected in heparinized tubes for subsequent analysis. A 0.5g sample of longissimus muscle was placed between two pieces of longissimus pH and average weight measured. Animals were electrically stunned, exsanguinated, scalded, and eviscerated. Carcasses were chilled for 24 hours at 18°C. Longissimus pH and temperature were assessed at the last rib at 0.5, 1, 2, 3, 4, and 24h after stunning. Temperature and pH measurements were collected using a portable combination meter (IQ194; HiMetric Systems) connected to a stainless probe (10 part no. PH407-5; IQ Scientific Instruments, San Diego, CA).

Carcass Measurements and Evaluation

After chilling for twenty-four hours, carcasses were ribbed between the 10th and 11th ribs and backfat at the first rib, tenth rib, last rib and last lumbar vertebrae, and loin eye area was measured. Subjective muscle score was also recorded. Longissimus muscles at the tenth rib were evaluated for objective color measurements with a Hunter Miniscan XP Plus (HunterLab, Reston, VA) for Hunter L*, a*, and b* values. The Miniscan utilized a D65 light source, a 10° viewing angle, and a 35mm viewing area. The Miniscan was calibrated according to manufacturer's recommendations. Additionally, subjective values for color, firmness and marbling were evaluated by a trained observer using published visual standards (NPPC 1994). A section of the longissimus muscle was then removed from the 10th rib to the 4th rib. Starting at the 10th rib end, two chops, one-inch thick, were removed for sensory evaluation, two for shear force determination, one for water holding capacity and one for drip loss. Samples for water holding capacity and drip loss were analyzed fresh while chops to be used for sensory and shear evaluation were vacuum packaged and frozen for later analysis.

Warner-Brazner Shear Force and Cooking Loss

Chops were tempered in vacuum cooking bags at 4°C for 24 h, removed from the bags, weighed and cooked to an internal temperature of 70°C on a clam-shell grill model 25300 type 5709 grill, Hamilton Beach Proctor Sizing #11). Chops removed from the grill, weighed and stored at 4°C for 24h on a metal pan covered with PVC overwrap. Three 1.27cm diameter cores were taken from each chop parallel with the direction of muscle fiber and sheared on recorder to the length of the core using a Warner-Brazner shear device (1955 Model, GR Electric Manufacturing Co., Manhattan, KS). Peak force for each core was perpendicular in kg and six cores per animal were averaged (AMSA, 1995). Cook loss was measured as the percent of pre-cooked weight lost during cooking and averaged across the two chops for each pig.

Drip Loss and Water Holding Capacity

Briefly, samples taken for drip loss and water holding capacity were analyzed without freezing on the day of collection. Chops used for drip loss were trimmed free of fat and connective tissue, weighed, covered with a plastic bag and suspended on a hook at 4°C for eight days. Chops were weighed after two, four, and eight days of storage and total volume of moisture lost was measured on the last day. Drip loss was calculated as the percent of weight loss over time. Percent free water, bound water and immobilized water were determined using the Press method (Gru and Hammett, 1953). A 0.5g sample of longissimus muscle was placed between two pieces of desiccated filter paper. The sample and filter paper were placed between two sheets of hard clear plastic and pressed at 500 psi for one minute. This procedure was duplicated for each sample. Then, two separate samples were placed in a moisture analyzer and measured in square inches. Percent total moisture was determined by drying a five gram sample at 100°C for 24h. Total moisture for the pressed sample was then determined by multiplying the weight of the pressed sample by the determined percent moisture from drying. Percent free water was calculated as (area of water ring - area of meat ring) x (61.10) / (total moisture of sample). Bound water was calculated as 100 - percent free water, and immobilized water was percent bound water - percent free water.

Sensory Evaluation

Sensory evaluation of boneless top loin chops was conducted by a six member trained sensory panel made up of meat science faculty and graduate students according to guidelines set by AMSA (1995). Chops were prepared and cooked as previously described for shear force evaluation. After cooking, chops were cut into 1cm x 1cm x 1cm cooked chops then packed in plastic bags and stored at 4°C until analysis. Chops were stored in plastic bags and placed in a cooler prior to sensory evaluation. Each panelist was given two pieces to evaluate on an eight-point scale for initial and sustained tenderness, initial and sustained juiciness, flavor intensity and pork flavor (1 being extremely dry, extremely tough, extremely bland, and extremely uncharacteristic; 8 being extremely tender, extremely juicy, extremely intense, and extremely characteristic).

Blood

Blood was collected in heparinized tubes. Serum was frozen at -80°C, packaged in dry ice and sent to Auburn University College of Veterinary Medicine Clinical Pathology laboratory for analysis using a commercially prepared kit (Roche Diagnostics Corp, Indianapolis, IN) for determination of serum chemistry using the creatininephosphokinase method. Muscle samples were frozen in liquid nitrogen, packed in dry ice and sent to the Alabama C.S.R. Veterinary Diagnostic Laboratory for analysis using a variation of the ADAC (1995) method.

Vitamin D₃, 25-Hydroxyvitamin D₃ and 1,25-Dihydroxyvitamin D₃ Determination

Plasma and muscle samples were deep frozen and sent to the U.S.D.A., ARS, National Animal Disease Center in Ames, Iowa for Vitamin D₃, 25-hydroxyvitamin D₃, and 1,25-dihydroxyvitamin D₃ analysis. Vitamin D₃ and 1,25-dihydroxyvitamin D₃ were quantified by the method described by Montgomery et al. (2000).

Glycolytic Potential

Longissimus samples were taken at approximately 30 minutes postmortem from the 10th rib (left side of carcass) and frozen in liquid nitrogen and held at -80°C until analysis. Glycolytic potential was determined using the method of Morin and Sellier (1985) and later described by Lorenzer et al. (2001). Duplicate samples (0.5g) were held in an ice water bath and homogenized in 2.5ml cold perchloric acid (0.8N) using a Tissue Tearor (model 165370 Biospec, Products, Inc. Bartlesville, Oklahoma). Duplicate samples (0.5g) were homogenized with Antifoam 205 (Fisher Scientific) and placed in a 100°C water bath for 10 minutes. Inoculation of 0.06N perchloric acid and samples were centrifuged to clarify. Clarified samples were used to determine total micromolar glycolytic units (glucose, glucose-6-P and glucose from glycogen) using the glucose HK assay kit (Sigma Chemical Co., St. Louis, MO) and measured in square inches. Percent total moisture was determined by drying a five gram sample at 100°C for 24h. Total moisture for the pressed sample was then determined by multiplying the weight of the pressed sample by the determined percent moisture from drying. Percent free water was calculated as (area of water ring - area of meat ring) x (61.10) / (total moisture of sample). Bound water was calculated as 100 - percent free water, and immobilized water was percent bound water - percent free water.

Histochemical Analysis

Samples were taken from the last rib (left side of carcass) at approximately thirty minutes postmortem. Duplicate muscle samples were cut into 0.5cm x 0.5cm x 1.5cm pieces and affixed to a 2cm x 2cm piece of thin cork board using tissue fixative media with the direction of the muscle fibers perpendicular to the flat surface of the cork board. The samples were fixed in Zenith butane submerged in liquid nitrogen, placed in plastic bags and stored at -80°C until analysis. Muscle samples were transported on dry ice, placed in a Reichert Jung Frigolux 2800N (currently serviced by Leica Microsystems, Wetzlar, Germany) instrument set at -20°C and allowed to equilibrate for at least 15 minutes. Slides were prepared by slicing samples perpendicular to the direction of the muscle fibers in 4µm slices. Slides were then stained for acid stable ATPase activity according to the methods of Solomon and Dunn (1986). Microscope photographs were taken with a Nikon Eclipse E600 microscope fitted with a 100W mercury lamp illumination source, a polarizer, dark-field condenser, Nikon camera. The microscope and camera were linked to a Dell video monitor and computer equipped with Spot graphics program (Diagnostic Instruments, Inc., Sterling Heights, MI). Photographs were saved as uncompressed 16-bit files and printed on Hewlett Packard high quality photo paper using an HP DesignJet 648C. Muscle fibers were classified as fiber-d, -red, or -red and white and counted as a percentage to the total number of muscle fibers counted. At least 500 muscle fibers per animal were counted.

Statistical Analysis

The effect of vitamin D₃ on attributes measured was determined by analysis of variance for a randomized complete block design using the GLM procedure of SAS (SAS Inst., Cary, NC). Since time on test was not part of the original treatment design, the block to remove any bias due to animal variation due to sex and seven days on test. Each treatment was tested as a single mean for each treatment group. When differences (P < 0.05) were found, pairwise comparisons were used as explained with Fisher's protected LSD. Plasma calcium, plasma vitamin D₃ and pH were analyzed as repeated measures.

Results

Vitamin D₃ and Calcium in Plasma and Muscle

Feeding supplemental vitamin D₃ at the 40 level increased (P < 0.01) plasma vitamin D₃ compared to the CON diet after two weeks (Figure 3). Feeding the 80 diet increased (P < 0.01) plasma vitamin D₃ compared to the 40 diet. The same effect was observed for the fourth, sixth and seventh weeks of administration. 25-hydroxy vitamin D₃ (25OHD), the primary metabolite of vitamin D₃, increased (P < 0.01) in plasma of pigs fed the 40 diet compared to the CON after 4 weeks of a 3 weeks of vitamin D₃ treatment (Figure 4). Feeding supplemental vitamin D₃ at the 40 level increased (P < 0.01) plasma 25OHD compared to the 40 diet at four weeks. Similar differences were found at six weeks. At seven weeks plasma 25OHD concentration was found to be higher (P < 0.05) for the 80 diet than the 40 diet, but pigs fed the 40 diet did not differ (P > 0.05) from the CON pigs or the 80 pigs. Plasma calcium concentration was not different (P > 0.1) at zero, two, or four weeks (Figure 5). After six or seven weeks of supplementation, pigs fed the 80 diet had higher (P < 0.05) plasma calcium concentration than pigs receiving the 40 or CON diets.

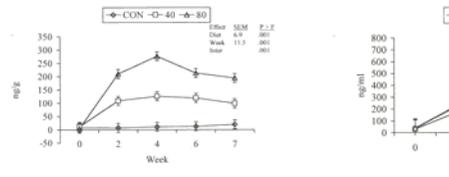


Figure 3. Effect of Feeding Vitamin D₃ to Finishing Pigs for Seven Weeks on Plasma Vitamin D₃ Concentration

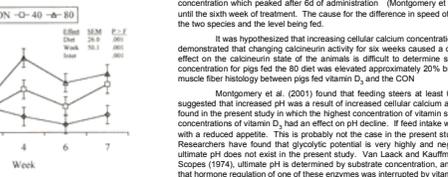


Figure 4. Effect of Feeding Vitamin D₃ to Finishing Pigs for Seven Weeks on Serum 25-OH Vitamin D₃ Concentration

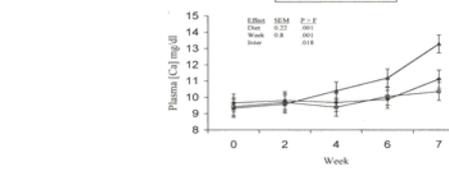


Figure 5. Effects of Feeding Vitamin D₃ to Finishing Pig for Seven Weeks on Serum Calcium Concentration

Tables

Results of performance and carcass measurements can be found in Table 1. Feeding pigs supplemental vitamin D₃ at the 80 concentration tended to decrease (P = 0.08) average daily gain compared to the control. Supplemental vitamin D₃ did not affect hot carcass weight, fat thickness measured at the first rib, 10th rib, last rib, last lumbar vertebrae or the loin eye area. Muscle score was lower (P = 0.004) for pigs fed the 80 diet compared to those fed the 40 diet or the CON diet. Feeding pigs the 80 diet increased (P < 0.05) longissimus pH compared to pigs fed the CON or 40 diets across all measures (Figure 1). The effect of diet on pH was independent of time postmortem (P > 0.04).

Table 1. Effect of Feeding Vitamin D₃ to Finishing Pigs on Performance Characteristics

Item	CON			40			80		
	LS Mean	SEM	P	LS Mean	SEM	P	LS Mean	SEM	P
ADG, kg	0.77	0.04	0.08	0.88	0.07	0.06	0.80	0.06	0.08
Hot carcass wt, kg	71.1	1.81	73.4	1.69	71.0	1.46	0.06		
Backfat, cm									
10 th rib	3.0	0.31	1.6	0.31	1.6	0.28	0.7		
11 th rib	2.1	0.24	1.7	0.18	1.9	0.11	0.76		
Last rib	2.1	0.21	1.5	0.19	2.1	0.2	0.62		
Loin eye	2.2	0.13	1.1	0.11	2.1	0.11	0.2		
Longissimus pH	5.7	0.19	0.01	5.9	0.19	0.01	0.05		
Muscle score	2.1	0.14	2.0	0.04	2.1	0.04	0.004		

*Values with the same superscript are not different (P < 0.05).

Sensory and Shear Force Evaluation

Results for cook loss, sensory, and shear force evaluation can be found in Table 2. Vitamin D₃ supplementation did not affect percent cook loss, Warner-Brazner shear force values or trained sensory panel scores for tenderness, juiciness and flavor (P > 0.25).

Table 2. Effect of Feeding Vitamin D₃ to Finishing Pigs on Sensory, Warner-Brazner Shear Force and Cook Loss

Item	CON			40			80		
	LS Mean	SEM	P	LS Mean	SEM	P	LS Mean	SEM	P
Percent cook loss	25.5	0.36	25.0	0.36	24.5	0.31	0.66		
Warner-Brazner Shear, kg	3.61	0.320	3.48	0.320	3.60	0.302	0.62		
Sensory									
Initial tenderness	5.7	0.30	5.6	0.30	5.8	0.30	0.87		
Sustained tenderness	5.4	0.36	5.6	0.36	5.8	0.36	0.80		
Initial juiciness	5.6	0.15	5.5	0.15	5.4	0.14	0.57		
Sustained juiciness	4.1	0.17	5.7	0.17	5.9	0.17	0.27		
Flavor intensity	5.9	0.11	5.9	0.11	6.0	0.10	0.64		
Pork flavor	6.6	0.12	6.2	0.12	6.2	0.11	0.53		

Water Holding Capacity and Color Evaluation

Feeding supplemental vitamin D₃ for a period of 44 days did not affect (P > 0.10) drip loss after two, four, or eight days (Figure 2), or percent free water, percent bound water, or percent immobilized water (table 3). Longissimus muscle from pigs fed the 80 diet had lower (P < 0.02) Hunter L* values than CON pigs. No significant differences were found for Hunter a* or b* values. Additionally, there seemed to be a trend for vitamin D₃ supplementation to increase (P < 0.24) objective color scores and firmness/tenderness scores for pigs fed the 80 diet than those fed the 40 diet or CON diet. No significant differences were found for marbling (P < 0.05).

Table 3. Effect of Feeding Vitamin D₃ to Finishing Pigs on Water Holding Properties, Subjective Tenderness, and Objective Color Measurements

Item	CON			40			80		
	LS Mean	SEM	P	LS Mean	SEM	P	LS Mean	SEM	P
Percent free water	2.36	0.26	2.40	0.26	2.38	0.19	0.33		
Percent bound water	67.64	0.21	67.55	0.21	67.82	0.21	0.30		
Percent immobilized water	95.28	0.20	95.10	0.20	95.64	0.20	0.37		
Marbling score	0.55	0.06	0.52						
Hunter L*	55.7	0.81	52.7	0.81	51.7	0.77	0.02		
Hunter a*	5.8	0.41	6.1	0.41	6.1	0.39	0.28		
Hunter b*	14.3	0.53	14.9	0.53	14.3	0.53	0.66		
Color	2.89	0.129	2.89	0.129	2.89	0.122	0.01		
Firmness	3.94	0.102	3.87	0.102	3.87	0.096	0.03		
Marbling	3.10	0.289	3.06	0.289	3.06	0.273	0.32		

*Values with the same superscript are not different (P < 0.05).

Muscle Metabolism and Histology

No significant differences were found among diets for calcium concentration in muscle samples (P > 0.10) (Table 4). Muscle vitamin D₃ concentration was increased (P < 0.01) by the 40 diet compared to the CON diet and by the 80 diet compared to the 40 diet. Likewise, feeding vitamin D₃ at the 40 level increased (P < 0.01) 25OHD in muscle compared to the control, and the 80 diet increased the 25OHD concentration compared to the 40 diet. 1,25-hydroxy vitamin D₃ was not detected in muscle or blood samples (data not shown). This is not uncommon considering its relatively low concentration in blood and muscle. Supranutritional concentrations of vitamin D₃ did not tend to increase (P > 0.10) ultimate pH or water holding capacity. Longissimus muscle from pigs fed the 80 diet had lower (P < 0.13) lactate and total glycolytic units. Supplementation with vitamin D₃ did not affect (P > 0.3) the percent red, white or intermediate muscle fibers.

Table 4. Effect of Feeding Vitamin D₃ to Finishing Pigs on Muscle Calcium, Vitamin D₃ Concentration, Glycolytic Potential, and Subjective Tenderness

Item	CON			40			80		
	LS Mean	SEM	P	LS Mean	SEM	P	LS Mean	SEM	P
Muscle calcium (mg/kg)	3.93	0.248	4.10	0.248	4.13	0.234	0.04		
Vitamin D ₃ (ng/g)	13.9*	0.47	68.4*	7.81	133.7*	7.42	0.003		
25-Hydroxyvitamin D ₃ (ng/g)	49.3*	1012.14	324.7*	107.14	374.6*	101.24	0.001		
1,25-OH ₂ D ₃ (ng/g)	36.0	3.96	44.2	3.96	48.0	3.78	0.11		
Lactate (mM)	30.2	1.76	35.3	1.76	34.0	1.64	0.13		
Glycolytic potential (%)	192.3	8.19	123.6	8.19	130.1	7.74	0.06		
Firm, tenderness (%)	14.0	1.28	14.3	1.28	12.7	1.03	0.03		
Firm, juiciness (%)	8.3	1.24	10.3	1.24	10.0	1.00	0.4		
Firm, glycolytic (%)	77.7	3.65	75.1	3.65	77.4	3.33	0.3		

*Values with the same superscript are not different (P < 0.05).

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